Lesson 1: 
Clean Water

Lesson Theme: Dirty Water? Clean Water?

Learning Objective: The learner will understand the importance of clean water to keep their bodies healthy.

CLEAN WATER LESSON
Lesson Requires:
Read through the skits and gather props that are available, though none are necessary.
- Tippy Tap
- Bucket
- Covering for bucket
- Basin to put under Tippy Tap
- Clean water
- Soap
- Picture of Living Water Int’l well attached to poster so that it stands like an easel

Give a short introduction about Living Water International and its mission before going on to the lesson.

Sample conversation:

Leader: We are volunteers with an organization called LWI. Living Water International exists to demonstrate the love of God by helping communities (like yours) get clean water and to experience the “Living Water—the gospel of Jesus Christ, which alone satisfies the deepest thirst.” (Mission Statement of LWI)

Leader: Your community leaders have asked us to come because they know how important it is to have safe, clean water. The LWI drillers will be drilling a well that will go way down deep into the ground where the water is fresh and clean. The clean water will be brought up in a pipe. When you pump the handle of the well, clean water will come out.

Leader: Let’s do a skit. At the end of the skit I am going to ask you some questions.
The skit can be done by one or more leaders. The purpose of the skit is to show the children that drinking unclean water can make us sick.

The skit begins with Jose waking up in the morning. He rolls around in the bed, he sits up, and he opens his eyes—one at a time. He yawns, stretches, and yawns again. He gets out of bed and pours a glass of water. After drinking it, he is so thirsty that he gets another drink. Jose eats breakfast and then leaves for school. Jose greets his friends and takes a seat. His stomach starts to hurt. Jose feels so sick that he goes home to bed.

**Leader**: Why did Jose go home? (Sick.)

**Leader**: Has your stomach ever hurt? (Listen to the children’s answers.) No one likes to be sick.

**Leader**: What do you think could have made Jose sick? When Jose got out of bed, what did he do first? (Drink water.)

**Leader**: That’s right! Jose was thirsty and he drank some water. The water that caused Jose to be sick was not clean. That is why we are here. Unclean water can make us sick.

**Leader**: Germs are in unclean water. Scientists use microscopes to see the germs in the unclean water. Some of the ways we purify our water are by boiling or adding chlorine. The Living Water well provides clean water because the machinery is able to drill very deep in the ground. This water comes out of the well clean.

**Leader**: We have a picture/poster of a Living Water well. We are going to pretend that this is where we get our clean water. The well has been dug correctly, the water is clean. But there is a problem. The people in the community are making the water dirty and don’t even know it.

**Leader**: The following skits will help you learn about how to keep the water from the Living Water well clean.

Each of the skits should be short, a minute or two.

**First skit** – Person using dirty hands as a cup to drink the water from the LWI well.

**Leader**: What is happening? **Lesson Learned**: Dirty hands=Dirty water

**Second skit** – Two people are sharing a cup of water after getting water from the LWI well.

**Leader**: Was that cup washed in clean water? **Lesson Learned**: Dirty cup=Dirty Water.

**Leader**: What else did we see in this skit? What is happening when they share the cup? **Lesson learned**: Shared cup=shared germs
Third skit – Putting clean water from the LWI well in a dirty bucket.

**Leader:** What did we see happen here? **Lesson Learned:** Dirty bucket = dirty water

Fourth skit – We have the clean water from the LWI well in a clean bucket but we use a dirty dipper to get some water out to drink.

**Leader:** What is happening? **Lesson Learned:** Dirty dipper = dirty water

Fifth skit – We take our clean water from the LWI well home and set it on the floor, but do not cover it; the dog comes and drinks out of it.

**Leader:** What do we see happening in this skit that makes our clean water dirty? **Lesson Learned:** uncovered container = dirty water

**Leader:** Let’s see if I can remember how to keep the water clean. I should:
- Wash the cup before I use it
- Wash my dirty hands with a tippy-tap so that my hands are clean when they touch the clean water.
- Don’t share my cup with someone else.
- Put clean water in a clean container.
- Use a clean dipper to get water out of the container
- Cover the water

The purpose of the ending skit is to have a review of all that they children have just learned with the focus on keeping the water clean. The skit begins with Jose at school. It is the end of the day and Jose is ready to go home. Jose is feeling great today. On his way home from school he gets some clean water from the Living Water well for his family. Jose has his clean bucket with its lid that he brought from home. Jose washes his hands at the tippy tap site. He fills his container, replaces the lid, and takes it home. His mother has washed the dipper and the cups.

**Leader:** Jose is very happy to feel better and help his family to learn about clean water. What things did you see Jose do to help keep the water clean? (Listen to responses.)

**CRAFT: WATER PUMP**

<table>
<thead>
<tr>
<th>Craft Theme:</th>
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<tbody>
<tr>
<td>• Reinforce the importance of clean water to help keep their bodies healthy.</td>
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<tr>
<td>• It is important to keep the clean water clean.</td>
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<table>
<thead>
<tr>
<th>Craft Materials:</th>
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<tbody>
<tr>
<td>• White cardstock paper, 8 ½ X 11, one per child</td>
</tr>
<tr>
<td>• One Living Water well sticker, one per child</td>
</tr>
<tr>
<td>• One basic person shape, one per child</td>
</tr>
<tr>
<td>• Yarn—22 inches per child</td>
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Hole punch (Pre-punch holes in the white cardstock paper, one on the left edge and one on the right edge, centered vertically. Pre-punch two holes in the basic person shape.)
- Glue
- Scissors
- Crayons
- Example of craft

**Instructions:**
Each child can color their paper to look like the area where they live. Smaller children might need to have some help with the scenery. The children color the person shape to look like them. Glue the water well pump centered on the left side of the paper, near the punched hole. Thread the yarn from the back through the left hole, then both holes of the person shape, then down through the right hole. Tie the yarn together in the back.

This craft is to remind the children of the importance of drinking clean water. The Living Water International pump will provide clean water for them. They will need to remember to keep the water clean.

**CRAFT: FOLDED WATER CUP**

This craft is for older children. This paper cup can hold water. Because the children’s hands are not clean, the completed cup will not be safe to drink from. The activity is fun, but remind the children why they should not drink from this cup.

**Craft Requires:**
- One square piece of paper per child (8 ½ by 8 ½)
- Crayons to decorate outside of cup

**Craft Instructions:**
- Take square paper and fold it into a triangle by putting opposite sides together. Crease it.
- With the fold part down, take the bottom-right point and move it across until the tip touches the middle of the opposite edge. Crease it. This has made a flat edge on the right side. This is the right side of the cup.
- Repeat with the bottom left point. Crease it. This has made a flat edge on the left side. You should now have both the left and right corners of the triangle folded across each other.
- Fold down top triangle and crease.
- Turn cup over and fold down top triangle and crease.
- Open the cup with your fingers.

**Leader:** Remember that LWI has come to drill a water well so that you can have clean water to drink and wash your hands. We can see that the white paper is now dirty from our hands. If we put clean water into this dirty cup it would make the water dirty. We don't want you to drink dirty water. This cup is a reminder of how important it is to have clean water and clean hands.
GAME: PASS THE WATER

Game Requires:

- The paper cups the children made for the craft

Game Instructions:
Divide into two teams for this relay. Have the teams form a circle, each child holding their paper cup. The leader should fill the paper cup of the designated starter with water. At “go” each team’s starting person will pour their cup of water into the cup of the person on his right. This process continues as the water will be passed around the circle from cup to cup. As the cup is passed the idea is not to spill any water. When the water is poured back into the cup of the starter, the game ends. The fastest team wins.

GAME: PASS THE CUP

Game Requires:

- One cup

Instructions:
Have the children form in a circle. Designate a “starter,” and hand him a cup filled with water. At “go” the “starter” will pass the cup to the players on his right who continue passing the cup around the circle. When the “starter” passes the cup he begins running around the outside of the circle, trying to get back to his space before the cup of water does. The game continues with each child having the opportunity to try and eat the cup back to his/her space.

SPIRITUAL LESSON

Leader: Living Water exists to demonstrate the love of God by helping communities acquire desperately needed clean water and to experience the “living Water” – the gospel of Jesus Christ, which alone satisfies the deepest thirst.

Leader: Our faith in Jesus is why we do what we do. The best news I can tell you is that through Jesus Christ each one of you can have a right relationship with God. Jesus has the power to change you and save you and give you a life of hope and purpose. I am not here to push my beliefs on you, but I do believe that all are spiritually thirsty and desire to know their creator and friend, Jesus. In the Bible, living water represents the salvation of Jesus Christ that washes away our sin and gives us an abundant life. (You could follow with your own testimony or message depending on the situation.)

Leader: You may want to share God’s love with others in your country by working for LWI when you grow up

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